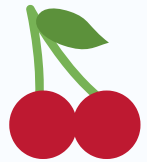


MY WEEKLY WHOLE FOODS PLANT BASED GROCERY CHECKLIST

VEGETABLES



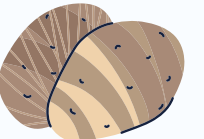
FRUITS



PROTEIN/LEGUMES



STARCHES/GRAINS



LIQUIDS/SAUCES



PANTRY ESSENTIALS



@MrsSlimOnPlants